**OSj]n 6'u]b/ @)@%**

v'Nnf cfJxfg

cfj]bg kmd{

@# h"nfO{, @)@%

s[kof g]kfnl:yt la|l6; sfplG;nsf] n}ª\lustf;DaGwL snf sfo{qmd -h]G8/ cf6{; k|f]u|fd\_M OSj]n 6'u]b/ @)@% sf nflu cfj]bg lbg of] kmd{ eGg'xf];\ .

* kmd{sf] cgnfOg e;{g -;+:s/0f\_ sf nflu =======ln+sdf lSns ug'{xf];\ . /, kmd{ eg'{xf];\ .
* cyjf, kmd{df pNn]lvt ;a} k|Zgsf] hjfkm ;d]6]/ lel8of] agfP/ klg k7fpg ;lsG5 . -Wofg lbg'xf];\M lel8of] @% ldg]6eGbf nfdf] x'g'x'Fb}g\_ . tkfO{sf] lel8of] Od]n 7]ufgfM [arts@britishcouncil.org.np](mailto:arts@britishcouncil.org.np) df ‘Video Application Equal Together 2025’ zLif{s /fv]/ k7fpg ;lsG5 .

kmd{ ebf{ P:6«Ls (\*) lrGx /flvPsf] ;a} k|Zgx? clgjfo{ ?kdf eg'{kb{5 .

**uf]klgotf;DaGwL hfgsf/L**

la|l6; sfplG;nn] ;+o'Qm clw/fHo -o's] \_ sf] 8]6f -tYofª\s\_ ;DaGwL sfg"g / cGo b]zsf cGt{/fli6«o ?kdf dfGotf k|fKt sfg"gnfO{ kl/kfngf ub{5 . tkfO{n] e/]kl5 xfdLnfO{ k|fKt x'g] ljj/0f / hfgsf/Lsf] k|ltlnlk dfUg] clwsf/ tkfO{df 5 eg] tL ljj/0f / hfgsf/Ldf s'g} k|sf/sf q'l6 ePdf ;Rofpg xfdLnfO{ cfu|x ;d]t ug{ ;Sg'x'G5 . tkfO{sf JolQmut ljj/0f / ;"rgf xfdLn] s;/L k|of]u ub{5f}+ eGg]af/] tkfO{sf] s'g} rf;f] jf lh1f;f ePdf klg tkfO{n] uf]klgotf;DaGwL lgsfonfO{ ;f]Wg kfpg'x'G5 .

yk hfgsf/Lsf nfluM la|l6; sfplG;nsf] cflwsfl/s j]j;fO6sf] uf]klgotf;DaGwL v08M [www.britishcouncil.org/privacy](http://www.britishcouncil.org/privacy) df x]g'{xf];\ jf g]kfnl:yt la|l6; sfplG;nsf] :yfgLo sfof{no -clkm;\_ df ;Dks{ ug'{xf];\ . ;+slnt ljj/0f / ;"rgfnfO{ ;+sng ul/Psf] rf/ jif{;Dd xfdLn] /fVg]5f}+ .

**;+:yfsf nflu cfj]bg kmd{**

**!= ;fdfGo ljj/0f**

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| **;+:yf÷;fd"lxs ?kdf cfj]bg lbgsf nflu** | |
| **;+:yfsf] lsl;d÷k|sf/** (\*) | ☐ u}/–;/sf/L ;+:yf -u}/gfkmfd"ns\_  ☐ gfkmfd"ns sDkgL  ☐ btf{ ePsf] ;d"x  ☐ btf{ gePsf] ;d"x  ☐ cGo========================== |
| **;+:yf÷;d"xsf] gfd** (\*) |  |
| **7]ufgf -lhNnf / k|b]zsf] gfd;lxt\_** (\*) |  |
| **;+:yfsf k|ltlglwsf] gfd -olb sfo{qmdsf] 5gf]6 ;"lr -;6{ ln:6\_ df k/]df tL k|ltlglw la|l6; sfplG;n;Fu ;dGjo ug{ / sfo{qmddf ;xefuLtfsf nflu lhDd]jf/ x'G5g\ .\_** |  |
| **kb** (\*) |  |
| **Od]n** (\*) |  |
| **kmf]g gDj/** (\*) |  |
| tkfO{sf] n}ª\lus klxrfg s] xf] < (\*) | dlxnf  k'?if  gg–afOg/L  eGg rfxGgF  cfkm}+ atfpg rfxfG5'M======================== |
| tkfO{ cfkm"nfO{ s;/L lrgfpg rfxfg'x'G5 < tkfO{nfO{ nfu" x'g] ;a} v08 5fGg ;Sg'x'G5 . (\*) | l;dfGs[t of}g cled'lvs/0f, n}lËs klxrfg / of}g ljz]iftfsf JolQm ÷Sj]/ - LGBTQIA+\_  blnt  hghflt÷cflbjf;L  dw];L  hflto cNk;+Vos  wfld{s cNk;+Vos  ckfª\utf ePsf JolQm  b'u{d jf ;]jf;'ljwf gePsf] ef}uf]lns If]q  Go'g cfo;|f]t jf cfly{s ?kdf ljkGg ;d'bfo  eGg rfxGgF  cGo s'g} eP -s[kof oxfF n]Vg'xf];\\_ ================== |
| tkfO{nfO{ of] sfo{qmddf k"0f{ ?kdf ;xefuL x'gsf nflu xfd|f] tkm{af6 s'g} Joj:yfx? cfjZos k5{ < h:t}M ;f+s]lts efiffsf] k|of]u, lx8\8'nsf nflu ;xfotf (\*) | k5{  kb}{g  olb k5{ eg] s[kof oxfF n]Vg'xf];\  ============================================== |

**lj:t[t ljj/0f / ljutsf] cg'ejx?**

**!= tkfO{sf] ;+:yfaf/] n]Vg'xf];\ . -a9Ldf !%) zJbdf\_ (\*) . olb 5 eg] tkfO{sf] j]j;fO6 jf ;fdflhs ;~hfnsf] ln+s ;]o/ ug'{xf];\ .**

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**@= tn pNn]lvtdWo] s'g} a"Fbfn] tkfO{sf] ;+:yfsf] g]t[TjnfO{ ;a}eGbf /fd|/L a'emfpF5 < -;+:yfsf] xsdf nfu" x'g] ;a} 5fGg ;lsG5 . pgLx?dWo] ;+:yfsf ;+:yfks, af]8{ ckm 8fO/]S6/, sfo{sf/L l6d -PSh'So'l6e 6Ld\_ cflb .** (\*)

o'jf g]t[Tj

dlxnf g]t[Tj

l;dfGs[t of}g cled'lvs/0f, n}lËs klxrfg / of}g ljz]iftfsf JolQm ÷Sj]/ - LGBTQIA+\_ JolQmsf] g]t[Tj

hflto cNk;+Vossf] g]t[Tj

ckfª\utf ePsf JolQmsf] g]t[Tj

yfxf 5}g

eGg rfxGgF

cGo================================================

**#= tkfO{sf] ;+:yfdf slt dflg; sfd u5{g\ <** (\*)

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**$=** **ljutdf tkfO{n] snf -cf6{\_, ;+:s[lt -sNr/\_ jf n}ª\lustf -h]G8/\_ ;DaGwL s'g} sfo{qmd jf kl/of]hgf ;~rfng ug'{ePsf] lyof] <** (\*)

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**n}ª\lustf cg'bfg (Gender Grants) k|fKt ug{ tkfO{sf] k|:tfljt of]hgf**

*of] r/0fdf xfdLn] tkfO{sf] k'/} k|:tfj x]g{ rfx]sf] xf]Og . tnsf k|Zgdf tkfO{sf] hjfkmn] tkfO{sf] tkm{af6 ug{ rfx]sf] sfo{qmd jf kl/of]hgfaf/] k|f/lDes wf/0ffnfO{ ;d]6\g'kg]{5 .*

**!= snf jf ;+:s[lt;DaGwL kl/of]hgfsf nflu tkfO{sf] k|f/lDes p2]Zo s] xf] < k|:tfljt kl/of]hgfdfkm{t\ n}ª\lustf;DaGwL s:tf ljifonfO{ ;Djf]wg ug{'x'G5 < -a9Ldf @)) zJbdf n]Vg'xf];\ \_** (\*)

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**@= tkfO{sf] kl/of]hgf sxfF ;~rfng x'G5 <**

-olb kl/of]hgf :yn 5flg;Sg' ePsf] 5}g eg], s[kof kl5 6'+uf] nufOg]5 eg]/ n]Vg'xf];\ .\_

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**#= snfsf] s'g dfWod tkfO{sf] kl/of]hgfdf ;d]l6g]5 < -Ps eGbf a9L dfWod 5fGg ;Sg'x'G5 .\_** (\*)

k|:t'lt -kkm{d]G;\_

;+uLt -Do'lhs\_

lkmNd÷kmf]6f]u|fkmL

;flxTo÷sljtf jfrg

l8lh6n ldl8of

;d'bfo snf -sDo'lg6L cf6{\_

cGo============================================

**$= k|:tfljt kl/of]hgfsf] ;Defljt ;dofjlw sltsf] x'G5 < s[kof Wofg lbg'xf];\, lgb]{lzsfdf pNn]v eP cg';f/ ;a} kl/of]hgf cS6f]j/ !%, @)@% af6 z'? eO{ dfr{ @)@^ sf] cGTodf ;dfkg x'g'kg]{5 . -a9Ldf %) zJbdf n]Vg'xf];\\_** (\*)

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**%= k|:tfljt kl/of]hgfsf nflu tkfO{n] c? s;};Fu ;xsfo{ ub}{ x'g'x'G5 < -olb 5 eg] tL JolQm jf ;+:yf;Fu s:tf] ;fem]bf/L x'G5, sf]–sf];Fu tkfO{n] sfd ug'{x'G5, kl/of]hgfdf pgLx?sf] e"ldsf s] x'G5 < /, pgLx?;Fu ldn]/ ljutdf tkfO{n] snf;DaGwL s'g} kl/of]hgfdf sfd ug'{ePsf] lyof] < nufotaf/] n]Vg'xf];\ .** (\*)

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**^= tkfO{sf] kl/of]hgfdf efu s–s;n] efu lnG5g\ jf kl/of]hgf x]g{ cfpF5g\ < h:t}M nlIft bz{s÷;xefuLaf/] n]Vg'xf];\ . To:t}M pgLx?dfem tkfO{sf] kl/of]hgf s;/L k'U5 < -pbfx/0fsf nfluM u|fdL0f If]qsf o'jf, Sj]/** (LGBTQIA+) **JolQm / ;d"x, cflbjf;L÷hghflt dlxnf, ;j{;fwf/0f\_ -a9Ldf !)) zJbdf n]Vg'xf];\ \_** (\*)

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**&= k|:tfljt kl/of]hgfdfkm{t slt JolQmdf k'Ug] nIo /fVg'ePsf] 5 < -JolQmut ?kdf jf l8lh6n dfWod b'j}af6 u/L\_ . pbfx/0fsf nfluM % ;o JolQm ;'v]{tdf, cgnfOg ;fdfu|L #) xhf/ JolQmn] x]5{g\ . -a9Ldf !)) zJbdf n]Vg'xf];\ \_** (\*)

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**\*= tkfO{sf] kl/of]hgf cGo eGbf s;/L km/s x'G5 / kl/of]hgfsf] ;kmntf s;/L dfkg ug'{x'G5 < -a9Ldf @%) zJbdf n]Vg'xf];\ \_** (\*)

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**(= tkfO{sf] kl/of]hgfn] ljljwtf, ;dfj]zLs/0f / kx'FrnfO{ s;/L Wofg lbG5 < -a9Ldf !%) zJbdf n]Vg'xf];\ \_** (\*)

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**!)= of] kl/of]hgfsf] g]t[Tj ubf{ / sfof{Gjog ubf{ tkfO{sf] JolQmut Ifdtf / Joj;flos ljsf;df s;/L kmfObf x'G5 < -a9Ldf !%) zJbdf n]Vg'xf];\ \_**

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**;xeflutfsf nfluM**

**!= ;]ldgf/df efu lng cfpFbf g]kfnsf cGo If]qaf6 sf7df8f}+ cfpg'k5{ ls kb}{g <**

k5{

kb}{g

**@= olb k5{ eg] tkfO{ sxfFaf6 sf7df8f}+ cfpg] xf] <**

* sf7df8f}+ aflx/af6 ;xefuL x'g cfpg] JolQmnfO{ xfd|f] tkm{af6 oftfoft, a;fO{ / vfgfsf] Joj:yf x'g]5 .
* olb sf7df8f}+leq ePklg sfo{qmddf ;xefuL x'g cfpg PstkmL{ ?kdf @% lsnf]ld6/ eGbf 6f9f cfpg'kg]{5 eg] tkfO{nfO{ oftfoft vr{ pknJw u/fpg]5f}+ .

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**#= of] cfj]bg kmd{ e/]/ k7fpg tkfO{n] c? s;}sf] ;xfotf lng'k/]sf] 5 eg] To;sf nflu /sd e'QmfgL xfdLn] ug]{5f}+ . h:tf]M olb s'g} vfnsf] eflifs ;d:of -efiff k9\g jf n]Vg g;Sg]\_ sf sf/0f kmd{df n]Vg / eg{ g;Sg] cj:yfdf sf]xL csf]{ JolQmsf] ;xfotf lng'ePsf] 5 eg] To;sf nflu nfUg] vr{ . To:tf] /sdsf] e'QmfgLsf nflu tkfO{n] cflwsfl/s k|df0f h:t}M lan÷e/kfO{ a'emfpg'kg]{5 . /sd e'QmfgLaf/] cfjZostf cg';f/ xfdL tkfO{nfO{ ;Dks{ ug]{5f}+ . olb o:tf] vr{ nfu]sf] 5 eg] xfdLnfO{ O{d]n dfkm{t\ ;Dks{ ug{'xf];\ / ;f] vr{sf] ljj/0f tn pNn]v ug{'xf];\.**

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**k|dfl0fs/0f**

!= tkfO{sf] cfj]bg k|lqmof k'/f ug{ lgDg lnlvt a"Fbf hfFr ug'{xf];\ . Wofg lbg'xf];\, olb s'g} ck|dfl0ft / unt ljj/0f /fv]/ kmd{ el/Psf] kfOPdf tkfO{sf] cfj]bg cof]Uo 7xl/g]5 .

d}n] cfj]bgsf nflu ul/Psf] cfJxfg / kl/of]hgf;DaGwL lgb]{zsf /fd|/L k9]sf] 5' / a'em]sf] 5' .

of] kmd{df el/Psf ;a} ljj/0f / hfgsf/L d]/f] 1fg / hfgsf/L cg';f/ ;xL 5g\ .

OSj]n 6'u]b/ @)@% sf] cg'bfgsf nflu cfj]bg lbg of]Uo x'gsf nflu OSj]n 6'u]b/ ;]ldgf/df ;xefuL x'g'k5{ eGg] d}n] a'em]sf] 5' . To;sf nflu @)@%, ;]K6]Dj/df sf7df8f}+df x'g] ;]ldgf/df ;xefuL x'g] ;'lglZrt ub{5' .

x:tfIf/===============================

ldlt===================================